

A RIDE NATURE MINISTRY RESOURCE

# HUM -IL- ITY

THE POSTURE OF CHRIST

# HUMILITY

## THE POSTURE OF CHRIST

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**"TRUE  
HUMILITY IS  
NOT THINKING  
LESS OF  
YOURSELF, IT'S  
THINKING OF  
YOURSELF  
LESS."**

**-C.S. LEWIS**

# WHAT IS HUMILITY?



Humility: hu·mil·i·ty  
/hyōo'milədē/  
:a modest or low view of one's  
own importance; humbleness.

Humility is a moral virtue that is quite possibly the hardest to take hold of. In our sin, we are constantly at war with our pride and selfishness. We are prone to think only about ourselves and this leaves everyone else to be our second thought. Pride is always noticed, but humility is always respected. There are plenty of passages and examples in the Bible of what humility looks like. We are blessed to have the perfect example of humility shown to us by Jesus.

# JESUS' HUMILITY

Philippians 2:6-8

Who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross.

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Jesus is the perfect example of what humility looks like. He showed no partiality, he was always thinking of others, and he would constantly sacrifice his own comfort for the good of others. So much so, that Jesus left his throne in heaven and condescended to the world that he created and lived among his creation in the form of a man and ultimately died at the hands of sinful men, for the sins of the world.

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# HUMILITY BEFORE GOD



God first calls us to be humble before Him. We need to know our right standing before a holy God. God is so high above us, and so many of us have the view that the world revolves around us but in fact, the world is held together by God himself. Humility before the Lord is the first step to living the life that God has called you to live. Lets look at some verses that share more about what humility before God looks like.

James 4:10

Humble yourselves before the Lord, and he will exalt you.

Micah 6:8

He has told you, O man, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

2 Chronicles 7:14

If my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.

# HUMILITY BEFORE OTHERS



God secondly calls us to be humble before others. The world today will tell you to be prideful and exhalt yourself, even if that means putting others down. God calls us to do the opposite of what the world says. Humility is putting yourself in the position to serve others. Lets look at some verses that show us what humility before others looks like.

Philippians 2:3-4

Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others.

Luke 14:11

For everyone who exalts himself will be humbled, and he who humbles himself will be exalted.”

James 3:13

Who is wise and understanding among you? By his good conduct let him show his works in the meekness of wisdom.

# PRACTICAL



# HUMILITY

Being humble takes discipline, practice, and prayer. We first need to pray to ask the Lord to help us be humble. We can pray that the Lord would make us more like Christ in His humility to serve the world. Next we have to observe the areas in our life that we lack humility. When we know where we lack humility, we in return know where we can be more intentional about living a humble life.

There are also situations that we should recognize our lack of humility. these situations might be when we are around certain people, in certain places, or when we have certain attitudes.

Lastly, we need to take action and begin implementing humility into our actions. A good question to ask would be, how can i place others before myself? In what ways could I serve the people around me? how can I be like Christ in this situation?



## **JAMES 4:6**

**BUT HE GIVES  
MORE GRACE.  
THEREFORE  
IT SAYS, "GOD  
OPPOSES  
THE PROUD  
BUT GIVES  
GRACE TO  
THE  
HUMBLE."**